

## 2017 Health Day at Northeastern Illinois University Schedule

Session Time	Overview	Health Education	Health Market	Health Fair		Health Celebration									
		Golden Eagle	Alumni Hall	SU 217	SU 218	SU 215	SU 216	Cafeteria Stage							
Location		Speakers	NPO	Health screening/info	Health screening/info	Group sessions	Activities	Musical performances							
Category															
10:30am-11:00am	Opening	<b>Opening Remarks</b>		<b>All Day</b>	Partial										
11:00:AM	Health Day	<b>Liz Sullivan</b> (11:00-11:20) Benefits of Psychosocial Support	<b>Free Resources from Nonprofit Organizations</b>  Health Market (11:00 - 4:30)  Access Community Health Network American Diabetes Association Brighton Park Neighborhood Council Broadway Youth Center ChicagoCHEC Chinese American Service League CPS Health Food Pantry Gilda's Club Girls in the Game Heartland Health Centers Howard Brown Illinois Single-Payer Coalition Imerman Angels Logan Square Neighborhood Association NEIU Counseling Services NEIU Health Services NoStigmas Oak Street Health Oral Health America Skinny Trees Podcast USDA Food and Nutrition Service	<b>Free or Low Cost Health Insurance Enrollment / Registros de Seguro de Salud Gratuito o a Bajo Costo*</b>  (11:00-4:00)  Dalia Galvan Morales	<b>Blood Pressure Screening &amp; Stroke Awareness</b> (11:30-1:30) Swedish Covenant Hospital	<b>HIV, STD/STI Testing</b> (11:00-4:30) Broadway Youth Center	<b>Use the Arts for Healthy Living Presentation</b> (11:00-11:20) Saba Ayman	<b>Emergency First Response Workshop: Gun Violence</b>  (11:30-11:50) (12:00-12:20) (12:30-12:50)  Ujima Medics	WZRD Radio Kick off (11:00-12:30) <b>DJ Tre</b>						
12:00 PM		<b>Anne Schœtz</b> (11:30-12:20) From What We Have to What We Need: Forward to Medicare for All								<b>Use the Arts for Healthy Living Workshop</b> (11:20-12:30) Saba Ayman	Original Performance (12:30-1:15) <b>Mia Blixt-Shehan</b>				
1:00 PM		<b>Rachel Birmingham</b> (12:30-12:50) Making Ends Meet: The Effects of Poverty on the Developing Child								<b>Eating Healthy on a Budget</b> (1:10-2:00) Claire Brady					
2:00 PM		<b>Michael Castellanos</b> (1:00-1:20) Psychological and Physiological Adaptation: Beginner to Expert Advice on Conditioning and Maintenance								<b>Alimentación Saludable y Económica*</b> (2:10-3:00) Claire Brady		<b>Boxing Basics</b> (1:30-2:10) Michael Castellanos	World Music (1:15-2:30)		
3:00 PM		<b>Daniel Milsky</b> (1:30-2:00) Medical Ethics and Self-advocacy: Self-advocacy in Doctor-patient Relationship												<b>Practicing Mindfulness</b> (2:20pm - 3:35pm) Susan Auman	WZRD Radio <b>DJ Ben</b> (2:30pm - 4:00pm)
4:00 PM		<b>Adam Messinger</b> (2:30pm-3:30) Transgender Domestic Violence: Developing New Strategies to Assist Survivors													
	<b>Yamile Molina</b> (3:40-4:20) Disparities Along the Breast Cancer Care Continuum														
4:30 PM- 5:00 PM	Closing	<b>Closing Ceremony</b>													

Student Union Hallway	<p style="text-align: center;"><b>Art + Health</b> Interactive Art Session (12:00-2:00)</p> <p style="text-align: center;"><b>Fitness Evaluations</b> from Xsport Fitness (11:00-4:30)</p>
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SU 003 Student Union Lower Level	<p style="text-align: center;"><b>Blood Drive</b> by Heartland Blood Centers (11:00-4:30)</p> <p style="text-align: center;">*Give blood and get \$5 Subway Giftcard!</p>
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